



GROUP FITNESS INSTRUCTORS AND PERSONAL TRAINERS

Make your mark at Bend's fastest growing community and resort! Tetherow's new fitness center opens this spring and we're looking for Group Fitness Instructors and Personal Trainers. We work hard and play hard and have a great time doing both. We need someone who can tell the Tetherow story through every interaction they have. Our patrons include local Bendites, Tetherow Members and globetrotting visitors of all ages and interests.

Tetherow Resort is currently seeking part-time and full-time Group Fitness Instructors and Personal Trainers. Classes include, but not limited to, HIIT, Barre, Yoga, Pilates, TRX, and other cardio and strength based training.

Our Trainers and Instructors play the important role of serving our Tetherow Members and Resort Guests with the most current, cutting-edge programming. Our Instructors must be fully knowledgeable and have the proper training/certifications in their specialty, as well as the creativity, enthusiasm, and attention to safety to ensure a positive experience for class participants. People skills and a ready smile are important, as there is a great deal of interaction with members and guests in both large and small group settings. In addition, it is important to be a team player, as we are a highly collaborative group that works together on program development, scheduling, and promoting new and existing classes. The ability to multi task paying attention to the music, cueing, format of the class, and skill set of the members, is a must.

The position entails the following responsibilities. This is not a complete description, and certain responsibilities may additionally be presented along the course of employment:

- Deliver the Tetherow Experience to our members in each class;
- Adhere to the description of the class and modify the intensity for participants when necessary;
- Continuously monitor the exercise intensity throughout the duration of the class;
- Ensure class begins and ends on time;
- Teach respective classes on a regular basis and keep subbing to a minimum;
- Communicate with Fitness Manager on member feedback, equipment and operational status, scheduling, and subbing;

Qualifications

The successful candidate should have the following experience and qualifications:

- Must possess a current Group Fitness Certification (ACE, AFAA, NASM, ACSM are acceptable) or a degree in a related field;
- Have experience teaching Group Fitness classes in a related discipline;
- Must possess and maintain current CPR/AED certification;
- Must have the ability to progress and regress exercises on the fly, in real time

- Positive, motivating and effective interpersonal communication skills
- Desire and capacity to train all fitness levels—novice to elite
- Excellent communication and customer service skills
- Must be well-versed in basic anatomy, kinesiology, contraindicated exercises, exercise modifications for all populations and ACSM Guidelines for frequency, intensity, duration, and mode;
- Must be eager to learn and continue professional development and education;
- Must be friendly, vibrant, and outgoing;
- Must have access to regular email and phone communication.

Compensation and Benefits

- Competitive hourly class pay
- Competitive personal training pay

To Apply

Please submit your resume to careers@tetherow.com by Monday, April 3rd.

Nestled in the heart of Bend, Tetherow is a dynamic luxury resort featuring an exceptional golf club, lodging, events, real estate, fine dining and a pub. We offer competitive pay, excellent employee golf privileges, food and merchandise discounts, as well as a great working environment with significant career growth potential.

Tetherow is an equal opportunity employer. We evaluate qualified applicants without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, disability, veteran status, and other legally protected characteristics.